

LET'S TALK ABOUT DRY EYE

SCHEDULE A TELEHEALTH APPOINTMENT TODAY

During your virtual dry eye consultation, you can use this form to help guide your conversation about dry eye disease, your current treatment, and if it's time for a prescription. You can also bring this form to any follow-up appointments with an eye doctor.



BEFORE YOUR TELEHEALTH APPT: Fill out the questionnaire below to help describe your dry eye experience. Make sure your camera is on, you're not muted, and that you're sitting in good light.

01: How are your eyes feeling? *Check all that apply.*

Achy Gritty Itchy Burning Other: _____

02: At what times are your eyes the most uncomfortable? *(Watching TV, reading, using the computer, being outdoors, etc.)*

03 List what over-the-counter eye drops, prescriptions, or other treatments you are using and their frequency.

Brand name: _____ How often: _____

Brand name: _____ How often: _____

Other treatments: _____ How often: _____

04: Write down your goals for this dry eye consultation and any other questions you may have:

DURING YOUR TELEHEALTH APPT: Ask the questions below. Write down the answers as you learn about dry eye disease and if a prescription treatment can help.

05: What may be causing my dry eye symptoms?

06: Is a prescription treatment right for me?

AFTER YOUR TELEHEALTH APPT: You can fill out the information below to help you schedule a follow-up visit with an eye doctor in person.

Eye doctor referral: _____

My pharmacy: _____

Other follow-up information: _____

Keep this form to show your local eye doctor if a follow-up appointment is necessary.